

Registration form

Movement, our first language
An introduction to
Developmental Somatic Psychotherapy

(Please fill form in block capitals)

Name.....

First Name.....

Address.....
.....

Zip Code..... City.....

GSM tel.....

email.....

☐ Register to the workshop intituled "Movement -
our first language - An introduction to developmental
somatic psychotherapy"

.....
.....

Payment

☐ Bank transfer to IFGT (mention "ifgt HK")
IBAN : FR76 1330 6000 1508 7756 1300 072 BIC :
AGRIFRPP833

☐ Other

Date

Signature



Institut Français de Gestalt-thérapie



PARIS

November 22-23-24
2019

Introduction

**Movement :
our first language**

*Introduction
to
« Developmental Somatic
Psychotherapy »*

with
Helena Kallner



Institut français de Gestalt-thérapie

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Introduction

Movement : Our first language

Introduction to « Developmental Somatic Psychotherapy »

Movement is central to all experience and serves as fundamental supports for contacting. The movement repertoire that develops early in life is a language in itself, that conveys desires, intentions and emotions. Even though our movement patterns have changed over time, the foundation established early in life remain readily observable and available in our every day experience.

Developmental Somatic Psychotherapy is a relational and movement oriented approach to psychotherapy within a contemporary Gestalt therapy framework. It is a comprehensive system of phenomenological analysis that allows practitioners to diagnose and treat their clients using movement experiments.

A long training will set in after this introduction from August 2020 to December 2021.

TRAINER

Helena Kallner, MA, MSc, UKCP - Sweden
Psychothérapeute

practices Gestalt psychotherapy in Stockholm. Helena, is a Senior Teacher of Developmental Somatic Psychotherapy™, presenting workshops throughout Europe and Russia. She is presently a doctoral student at Metanoia Institute/ Middlesex University, researching psychotherapists use of movement and Kinesthetic Resonance in psychotherapy.

PARTICIPANTS

Experienced practitioners, supervisors and trainers in Gestalt therapy.

Number of participants limited to 20

Language of this seminar will be English with French translation.

PURPOSES

This will be an experiential workshop and the focus will be our sensed, direct and aesthetic experience of the situation we live in. Participants will explore how yet unaware primary movement patterns are part of their present experience and influence daily life. Attention is given to the qualities of contact that we experience kinaesthetically, and how that informs us of self and otherness.

METHODOLOGY

Experiences – simulations – exchanges and analyses

LOCATION

IFGT

16 rue Alphonse Penaud

Paris 75020

Subway Line 3rd Porte de Bagnolet

DATES

November, 22-23-24, 2019

SCHEDULE

Day 1st : 1.30 to 7.00 PM

Day 2nd : 9.00 AM to 6.00 PM

Day 3rd : 9.00 AM to 4.00 PM

REGISTRATION FEES

Participation to the workshop **495 €**